Questions for Your Doctor
about Cardiogenic Shock

Scan the QR code above to go directly the condition overview page

The following questions can help you talk to your doctor about your risk of cardiogenic shock or about recovery and prevention if you've already had it. Print out or write down these questions and take them to your appointment. Taking notes can help you remember your doctor's response when you get home.

QUESTIONS ABOUT YOUR RISK FOR CARDIOGENIC SHOCK

- ☐ Am I at high risk for cardiogenic shock?
- ☐ What can I do to help prevent cardiogenic shock?
- ☐ Are the symptoms I have been having warning signs of heart disease?
- ☐ Do my cholesterol levels put me at risk for a heart attack? What can I do to get my cholesterol to goal levels?
- ☐ Is my weight within a healthy range?
- ☐ Can you help me quit smoking (if you smoke)?
- ☐ Is my blood pressure within the normal range? Can you help me control my high blood pressure?
- ☐ What dietary choices should I be making for cardiovascular health?
- ☐ What level of exercise is safe for me that will also have cardiovascular benefits?
- ☐ If I have diabetes, what can I do to control it better?

QUESTIONS ABOUT YOUR DIAGNOSIS OF CARDIOGENIC SHOCK

- ☐ What is my prognosis? What are the likely outcomes?
- ☐ What will recovery look like?
- ☐ What follow-up will be necessary?
- ☐ Will I be able to have my desired quality of life? What can I do to improve the odds of this?
- ☐ Can you recommend a cardiac rehabilitation program?
- ☐ What lifestyle changes do I need to make?
- ☐ Are my cholesterol levels putting me at risk? What can I do to get my cholesterol to goal levels?
- ☐ If I have diabetes, what can I do to control it better?
- ☐ What do I need to know about the medications that have been prescribed?
- ☐ Who can I turn to (hospital staff, support groups, etc.)?

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