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# Questions for Your Doctor about Venous Disease (Leg Vein Problems)

The following questions may help you talk to your doctor about your individual risk for venous disease (leg vein problems). Print out or write down these questions for your next appointment so you can take notes and remember the key points you want to discuss.

## **QUESTIONS ABOUT YOUR RISK FOR VENOUS DISEASE**

- Am I at risk for problems with my veins?
- What can I do to prevent problems with the veins in my legs?
- Do I need medication?
- What are my options for treatment?
- Will my spider veins eventually become varicose veins?
- Do I need treatment for varicose veins? Will they get worse if they're not treated?
- What can I do to relieve the pain I feel in my legs?
- If I have varicose veins, do I have deep vein thrombosis (DVT)?
- How do I know if I need immediate medical attention?
- Can I feel a blood clot in my vein? What should I do if I think I have a blood clot in my vein?
- What can I do to prevent ulcers? What can I do to make them heal faster?
- How do I know if my symptoms are from a clot I had before or if it's a new clot that should be checked?
- Do I need a specialist for my treatment? What kind of specialist?
- Will I have venous disease problems for the rest of my life?

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