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Questions for Your Doctor

about an Ankle-Brachial Index (ABI)

The following questions can help you discuss an ankle-brachial index (ABI) test with your doctor. Consider printing or writing down these questions and taking them to your appointment. Taking notes can help you remember your doctor's response when you get home.

QUESTIONS ABOUT ANKLE-BRACHIAL INDEX TESTING

- How high is my risk for peripheral artery disease (PAD)?
- What can happen to me if I have PAD?
- Am I a good candidate for an ABI test?
- What happens next if the ABI indicates possible blockages in my legs?
- What types of follow-up should I expect if my ABI is abnormal?
- Does the abnormal ABI test mean I have PAD?
- What symptoms should I look for?
- Can I continue walking, running, biking, swimming, or whatever exercise I like to do?
- If I have PAD, what measures can I take to reduce my risk of heart attack, stroke, or amputation?



Multiple horizontal lines for text entry.