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overview

## Questions for Your Doctor about Left Atrial Appendage Closure (LAAC)

Your questions can serve as a great starting point for a conversation with your medical team about whether a left atrial appendage closure (LAAC) is the right treatment for you. We invite you and your family to use the following questions as a tool to help you talk to your doctor about LAAC. You may print out these questions and take them with you to your next appointment. It's always a good idea to take notes to help you remember your discussion when you get home.

## **QUESTIONS ABOUT LAAC**

- □ Am I a good candidate for LAAC? Why or why not?
- □ If I have LAAC performed, will I be able to stop taking anticoagulant (blood-thinner) medications?
- □ If LAAC isn't right for me, is it possible I would be a good candidate for the procedure in the future?
- □ Would LAAC allow me to have my desired quality of life?
- □ Which type of LAA procedure would be best for me? Why?
- □ I understand LAAC will not cure my atrial fibrillation (Afib). What can be done to address it?
- □ What will my recovery be like from LAAC? Should I go to a cardiac rehabilitation program?
- □ Once the procedure is over, will I be able to exercise?
- □ What is my long-term prognosis? What are the likely outcomes?
- □ What follow-up will be necessary?
- □ What can I do to positively affect the outcome of this procedure?
- □ Will my weight, cholesterol, diet, blood pressure, or exercise habits have any effect on the outcome of the procedure?
- □ Who can I turn to for support (hospital staff, support groups, etc.)?

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info@scai.org www.scai.org 202.741.9854 1100 17th St. NW, Suite 400 Washington, DC 20036

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